



# Des Moines Elementary Counseling Program

## Kindergarten Expectations for Study Skills



---

---

### What you can do to help your child at home

Focus area	Activities
Listening skills	<ul style="list-style-type: none"><li>◆ Practice sitting still, using eye contact when listening</li><li>◆ Play "Simon Says" to practice following directions</li><li>◆ Take your child to the library for story time to practice listening</li><li>◆ Ask your child about the listening habits shared by "Beary Good" Bear at school.</li></ul>

Contact your elementary counselor for more ideas.